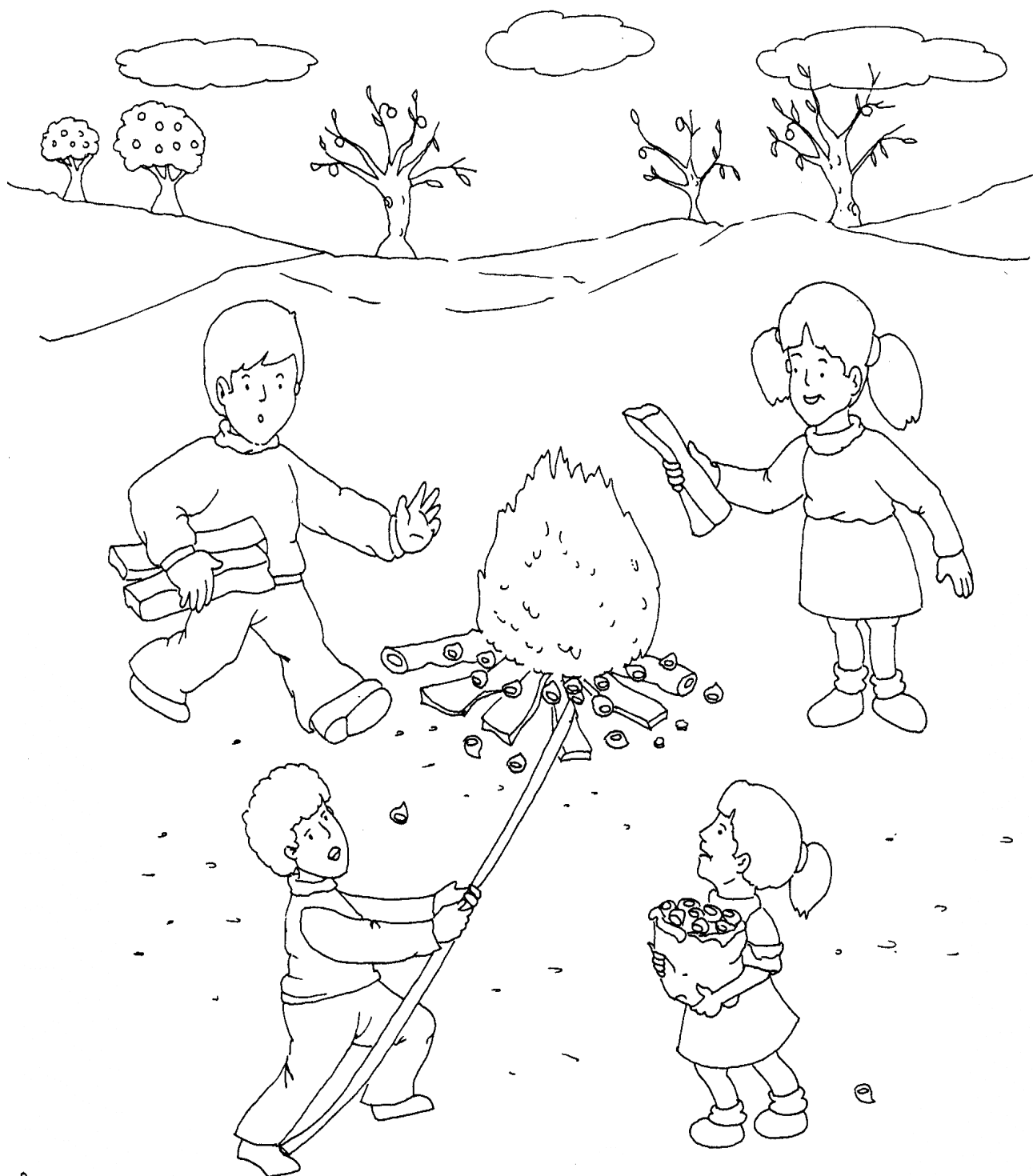


# **Portefólio-Fichas de trabalho**

## **Notas:**

- **As propostas de trabalho apresentadas neste portefólio, estão organizadas segundo a planificação anual prevista para esta turma no ano letivo de 2019-2020. Os alunos devem realizar as fichas que conseguem, pois as propostas têm diferentes níveis de dificuldade que nem todos os alunos conseguem realizar.**
- **Os alunos devem continuar a trabalhar com o portefólio individual que têm consigo na mala, lendo todas as palavras e textos, escrevendo frases e pequenos textos, com as palavras trabalhadas.**
- **Devem ler os novos textos enviados para os Encarregados de Educação via email.**
- **Devem realizar as fichas entregues aos alunos no ultimo dia de aulas.**

# O Nosso Magusto



Nome: \_\_\_\_\_ Data: \_\_\_\_\_

### Ficha de Língua Portuguesa

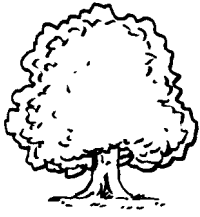
Pinta as letras iguais da mesma cor.

U a o a e I o  
u l u A O  
I O u e E A A  
O l A I o i i I  
u e I a A u E e  
U o a o u

Vamos treinar as letras.

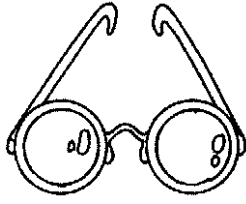
A \_\_\_\_\_  
J \_\_\_\_\_  
G \_\_\_\_\_  
u \_\_\_\_\_

**Copia a primeira letra.**



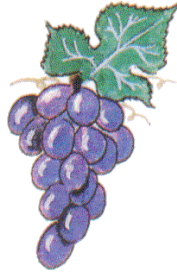
árvore

\_\_\_\_\_



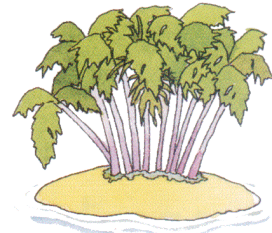
óculos

\_\_\_\_\_



uvas

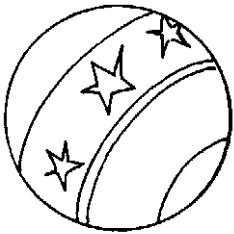
\_\_\_\_\_



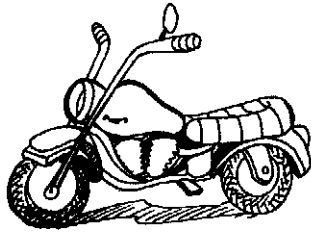
ilha

\_\_\_\_\_

**Completa as legendas.**



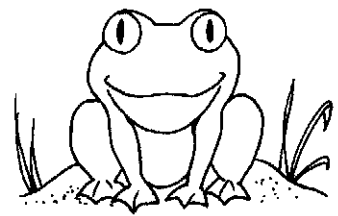
b \_ la



m \_ ta



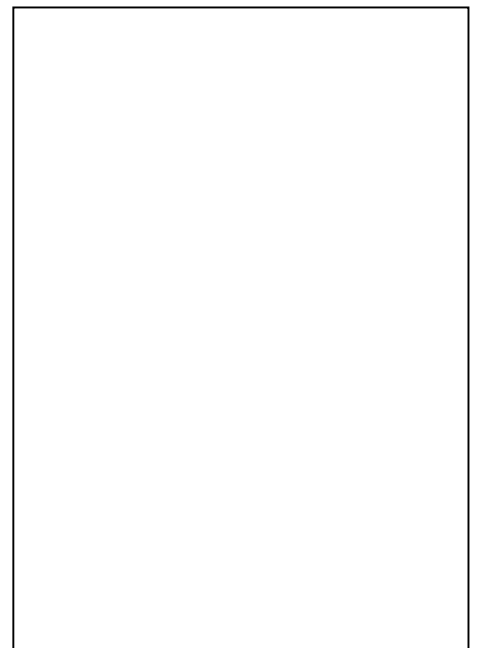
p \_ to



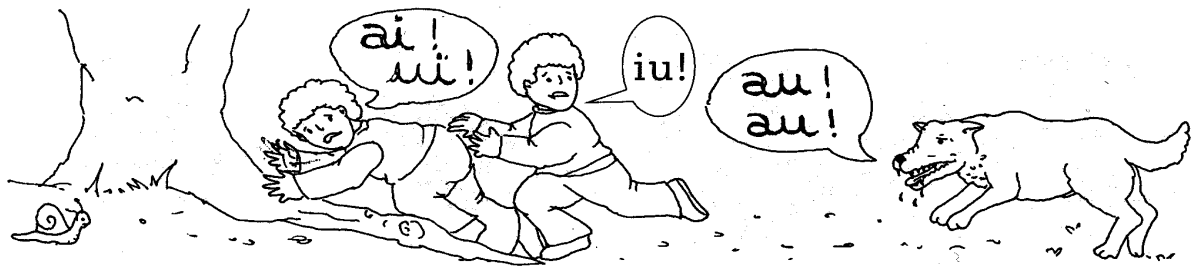
s \_ po

**Escreve o teu nome e desenha a tua fotografia.**

\_\_\_\_\_

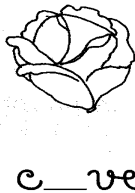
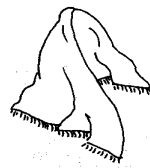
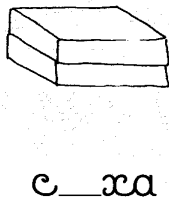
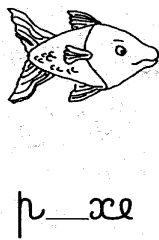
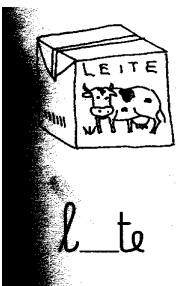


Observa as figuras e completa a frase.



O R \_\_\_ ca \_\_\_!

Completa as palavras com os ditongos.



Faz a correspondência como se indica.

ai •

• au •

• ão •

• Ui

ui •

• ão •

• Eu •

• Au

au •

• eu •

• ãe •

• Eu

ão •

• ai •

• Ui •

• Ai

ãe •

• ui •

• Au •

• Ao

eu •

• ãe •

• Ai •

• Ae

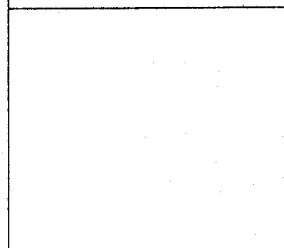
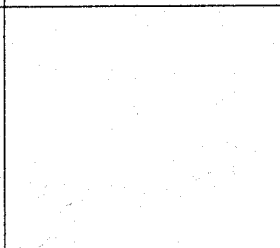
### Ficha de Matemática

#### 1. Desenha e pinta

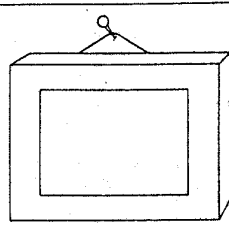
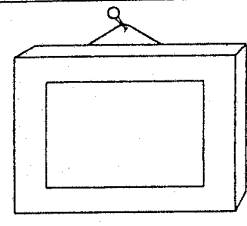


uma casa <b>grande</b>	uma casa <b>pequena</b>
uma árvore <b>alta e fina</b>	uma árvore <b>baixa e grossa</b>

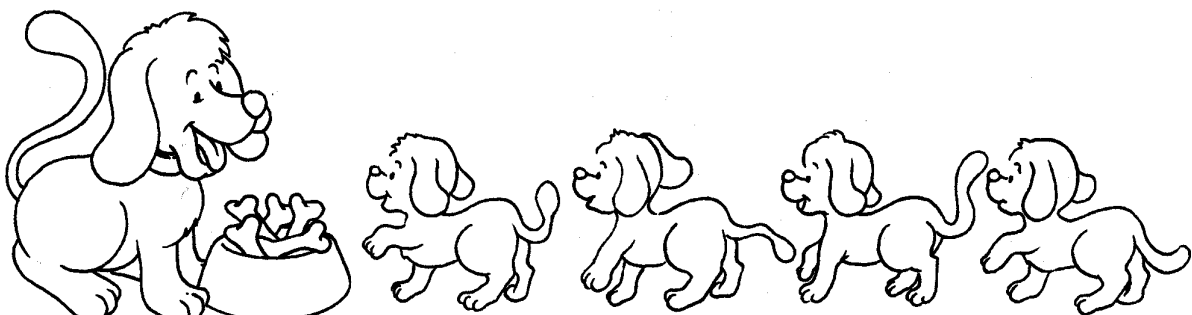
#### 2. Desenha uma linha ....

aberta	fechada
	

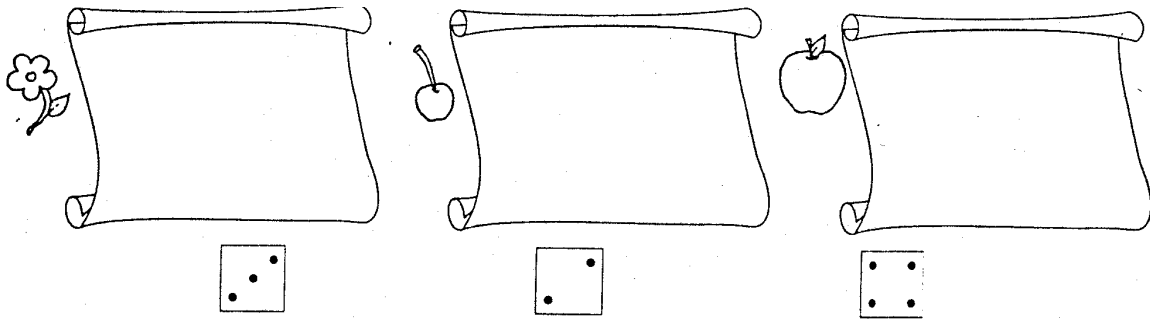
#### 3. Pinta o ....

exterior	interior
	

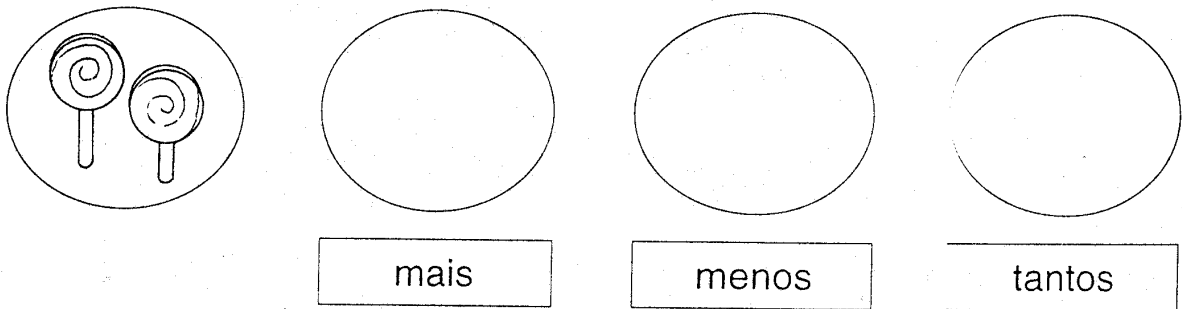
#### 4. Pinta o cachorrinho da *frente* de amarelo e o de *trás* de castanho.



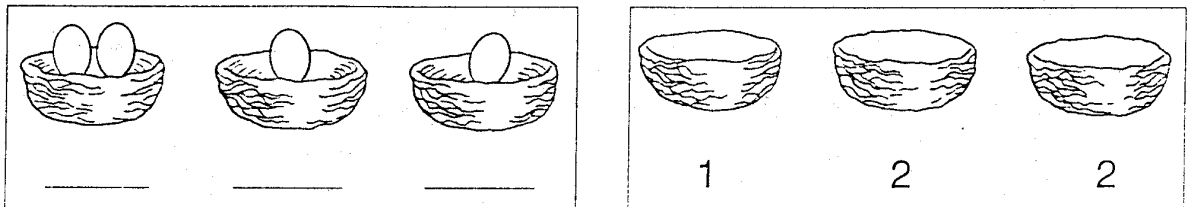
5. Desenha os elementos indicados



6. Desenha mais (+), menos(-) ou tantos (=) elementos como o exemplo.



7. Desenha o número ou a quantidade.



8. Compara (< = >).



9. Usa os algarismos 1, 2 e 3 para completar.



Nome: \_\_\_\_\_ Data: \_\_\_\_\_

### Ficha de Estudo do Meio

1. Pinta o que representa o que tu és.



2. Assinalar com uma cruz a idade que tens.

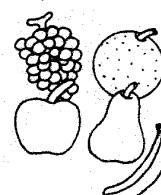
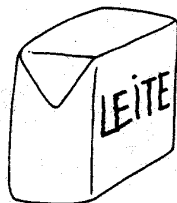
--	--	--	--	--	--

--	--	--	--	--	--	--

• 6 anos

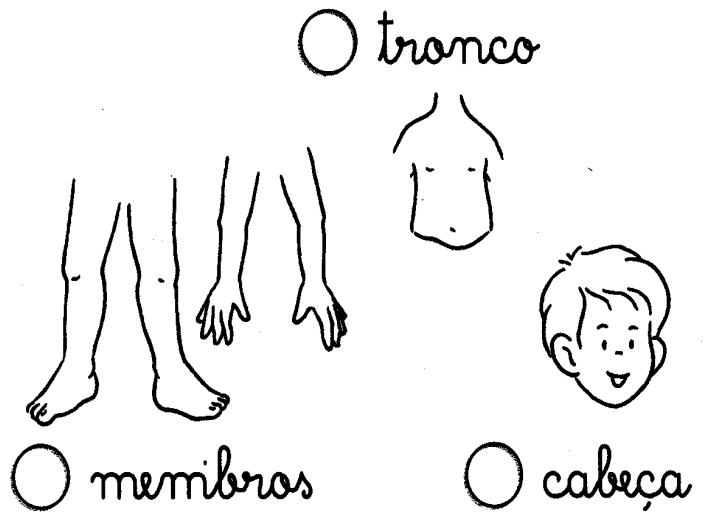
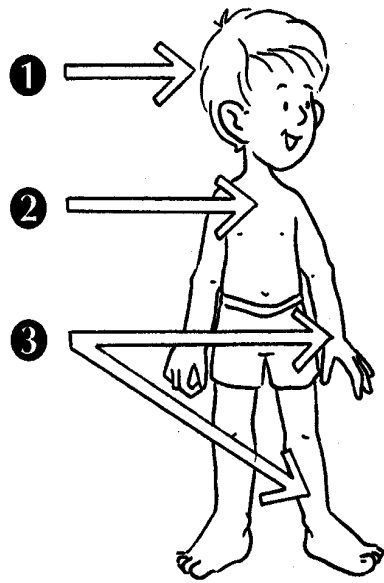
• 7 anos

3. Contorna e pinta os alimentos que fazem bem à saúde.





4. Numera de acordo com a gravura.



5. Liga os cinco sentidos ao corpo do menino.



**Visão**



**Tacto**



**Paladar**

**Audição**



**Olfacto**



Agrupamento de Escolas Patrício Prazeres - EB1- Professor Oliveira Marques (2019-2020)

Portefólio – Tarefas e Trabalhos a desenvolver pelos alunos – (Março 16 - Abril 13)

Turma do 1ºB - Professor Titular: João Manso

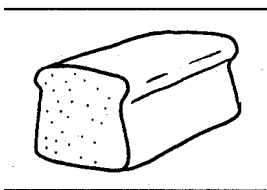
Nome: \_\_\_\_\_ Data: \_\_\_\_\_



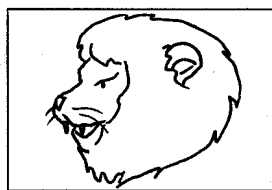
Nome: \_\_\_\_\_ Data: \_\_\_\_\_

1. Completa a legenda dos seguintes desenhos, usando os ditongos que estão no rectângulo.

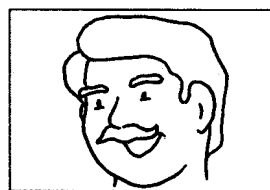
ai	ia	ei	ão
au		eu	ãe



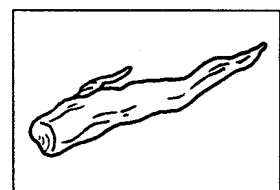
\_\_p....



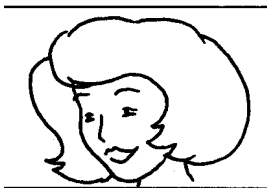
\_\_le....



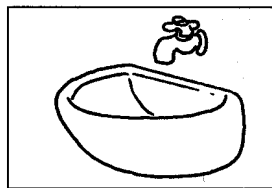
\_\_p....



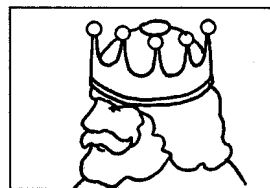
\_\_p....



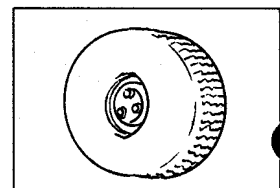
\_\_m....



\_\_p....



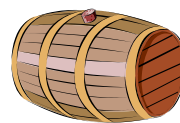
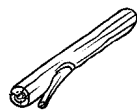
\_\_r....



\_\_pn....

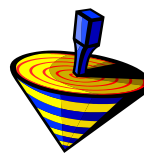
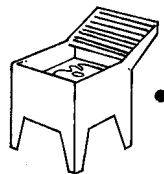
2. Liga cada figura ao nome correspondente.

pau



pá

pato



pote

pia



pião

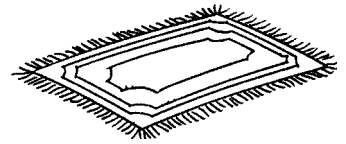
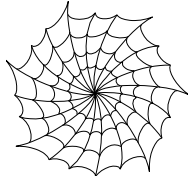
pão



pipa

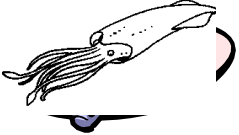
3. Escreve as palavras junto do desenho correspondente.

tapete  
teia  
apito  
tia



\_\_\_\_\_

4. Lê, copia a palavra ou faz o desenho.

			
lula	lata		lua
_____	_____	_____	_____

5. Separa as palavras por sílabas.

pato - \_\_\_\_\_

apito - \_\_\_\_\_

teia - \_\_\_\_\_

tapete - \_\_\_\_\_

tulipa - \_\_\_\_\_

paleta - \_\_\_\_\_

6. Escreve as frases completas.

O  é teu.

\_\_\_\_\_.

A tia tapa o  .

**pato**

\_\_\_\_\_.

**pote**

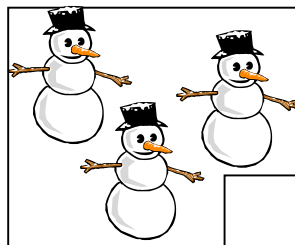
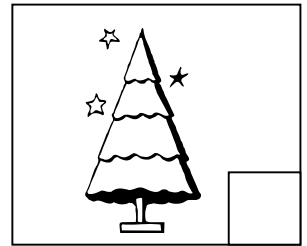
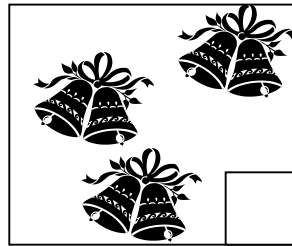
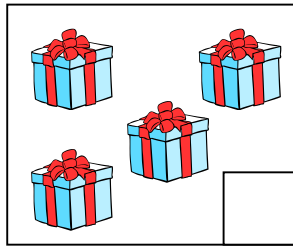
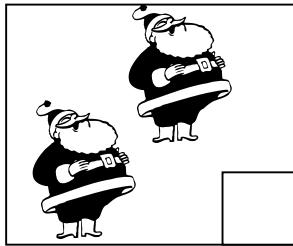
É a tua  , tio Paulo.

**lupa**

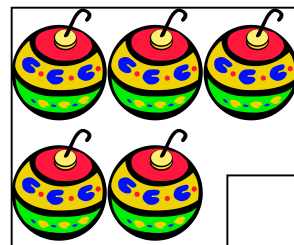
\_\_\_\_\_

Nome: \_\_\_\_\_ Data: \_\_\_\_\_

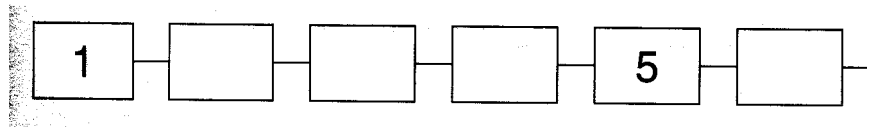
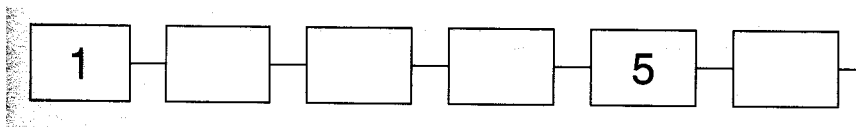
1. Preenche as etiquetas de acordo com a quantidade.



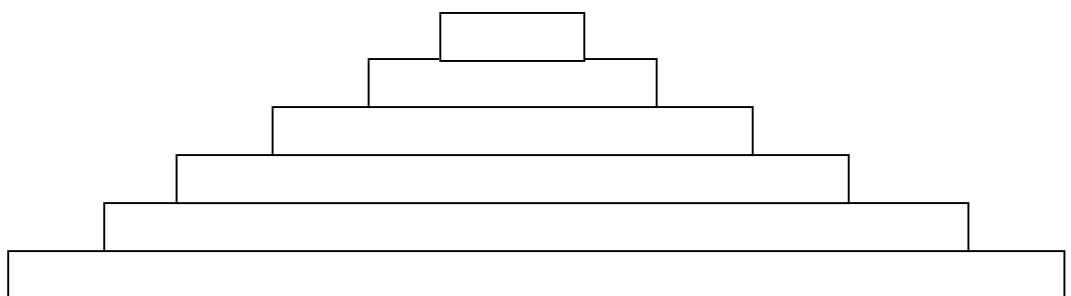
1	2
3	4
5	6



2. Completa a sequência.



3. Numera as escadas de forma crescente e decrescente.



4. Completa com os sinais < = >.

2 ..... 3

5 ..... 4

3 ..... 1

4 ..... 4

6 .... 2

1 ..... 6

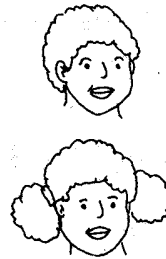
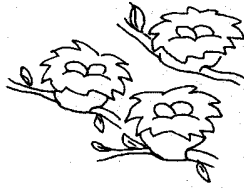
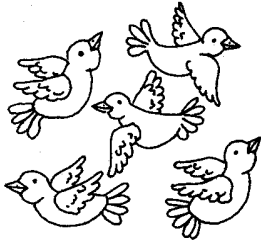
3 ..... 3

6 ..... 4

2 ..... 4

5 .... 6

5. Observa e completa as etiquetas (1, 2, 3, 4, 5 ou 6) e (< = >).

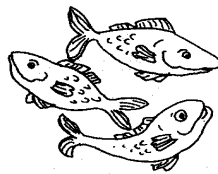
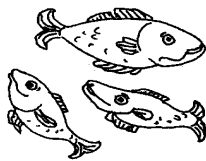








6. Observa e completa.

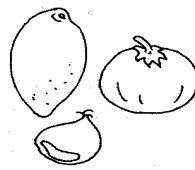
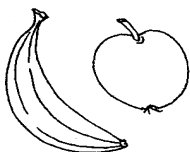




+

=

6



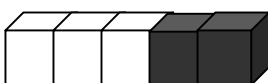


+

+

=

7. Decompõe.



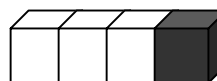








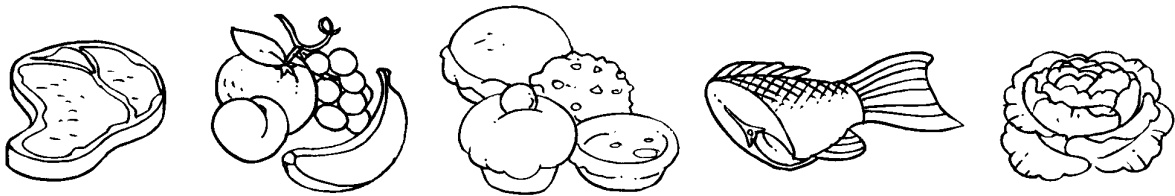




### Ficha de Estudo do Meio

1. Risca o que está errado e pinta o que está certo, em cada grupo.

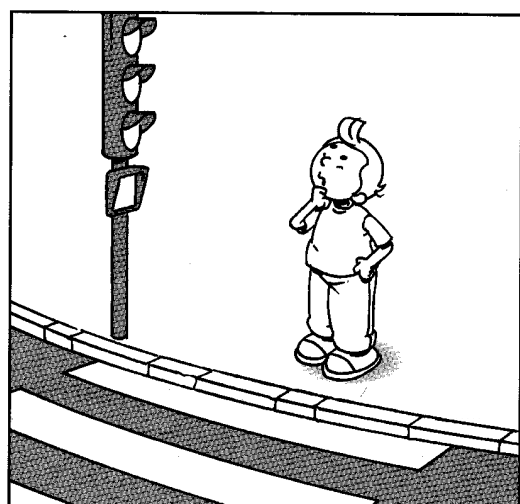
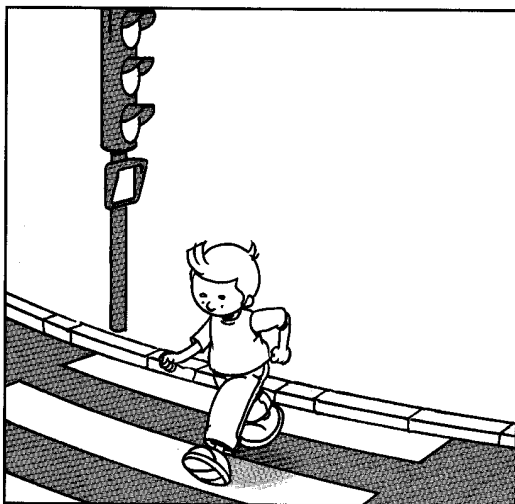
Devo comer todos os dias



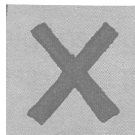
Devo beber todos os dias



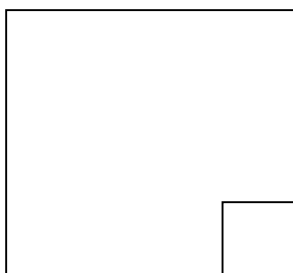
2. Pinta os sinais que estão acessos, em cada uma das imagens.



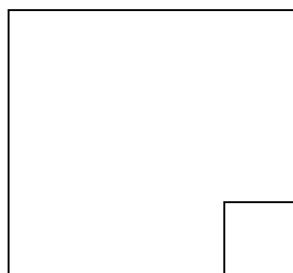
3. Relaciona com o sinal de perigo e liga.



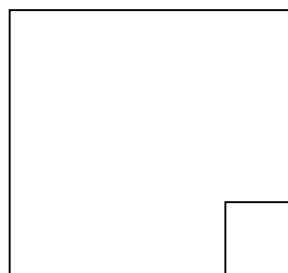
4. Assinala com um  e desenha os familiares presentes no Natal.



**Eu**

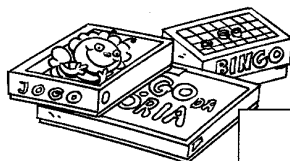
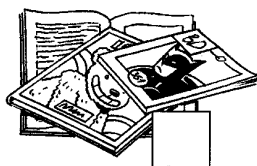
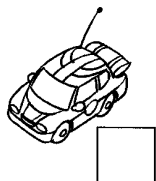
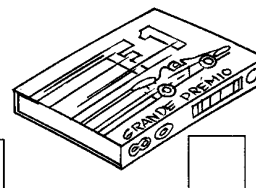
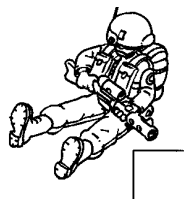
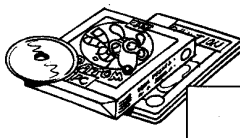
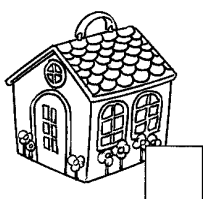
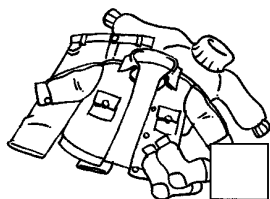


**O pai**



**A mãe**

5. Assinala com um  os presentes que gostarias de receber no Natal.



5.1. Pinta os brinquedos com que gostas mais de brincar.



Nome: \_\_\_\_\_ Data: \_\_\_\_\_

### Chegou O *INVERNO*



Nome: \_\_\_\_\_ Data: \_\_\_\_\_

1. Liga cada uma das letras impressas às manuscritas.

p •  
t •  
l •  
m •

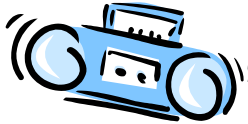
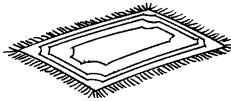
•  
•  
•  
•



d •  
c •  
v •  
r •

•  
•  
•  
•

2. Liga cada uma das palavras ao desenho correspondente.



tapete

leite

mala

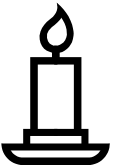
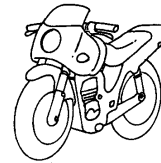
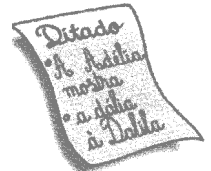
ditado

macaco

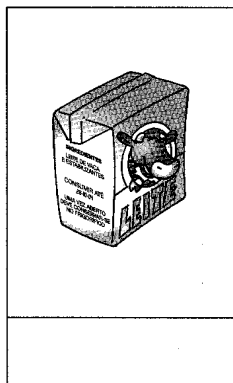
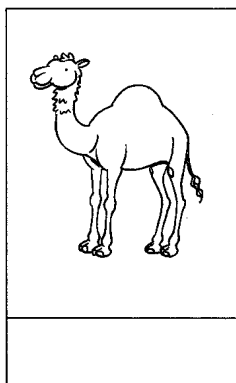
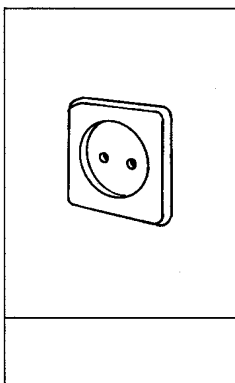
vela

rádio

mota



3. Coloca a palavra certa em cada uma das imagens.



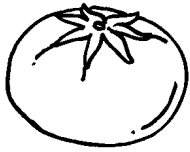
camelo  
médico  
pacote  
tomada

4. Junta as sílabas para formar palavras e ilustra-as.

ma pa mei a de do ma ca lu va

_____	_____	_____	_____	_____

5. Escreve as sílabas que faltam nas palavras e copia-as.



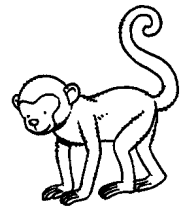
to \_ te



\_ e \_



\_ li \_



ma \_ \_

6. Lê e copia as frases trocando a figura pela palavra certa.



O da



da mãe dói muito.

dedo

\_\_\_\_\_ mão



O leva uma



rei

\_\_\_\_\_ capa



A ouve



Rita

\_\_\_\_\_ rádio



O rói a



rato

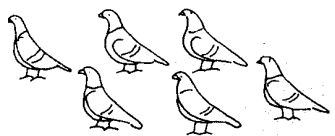
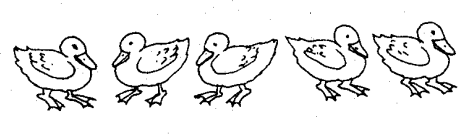
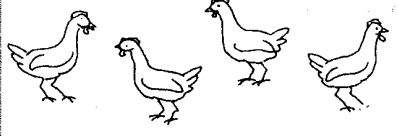
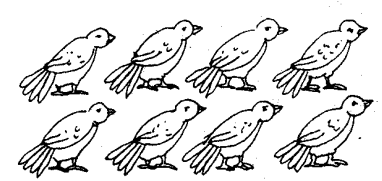
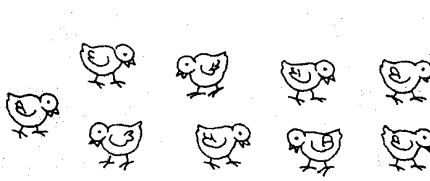
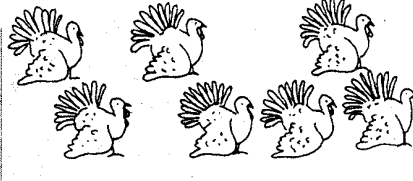
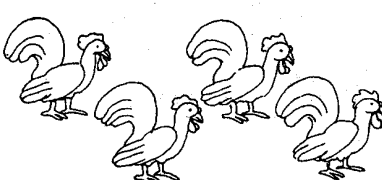
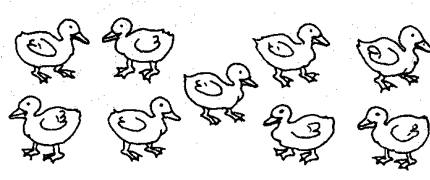
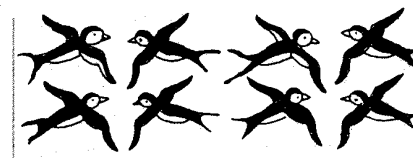
\_\_\_\_\_ meia

Nome: \_\_\_\_\_ Data: \_\_\_\_\_


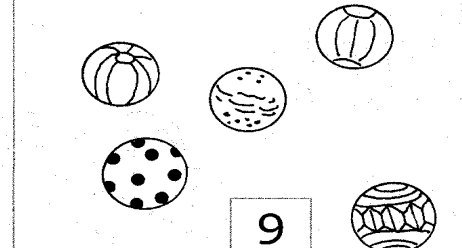
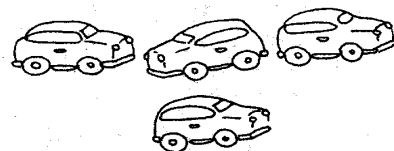
**Ficha de Matemática**

1. Pinta os elementos que correspondem ao número indicado e nos

escreve o número de elementos que ficaram por pintar.

 (3) <input type="checkbox"/>	 (1) <input type="checkbox"/>	 (4) <input type="checkbox"/>
 (6) <input type="checkbox"/>	 (8) <input type="checkbox"/>	 (5) <input type="checkbox"/>
 (2) <input type="checkbox"/>	 (9) <input type="checkbox"/>	 (7) <input type="checkbox"/>

2. Desenha e pinta o número de elementos que faltam para as etiquetas ficarem certas.

 (8)	 (9)	 (7)
--	---	--

ANTES		ENTRE				DEPOIS	
<input type="text" value="9"/>	<input type="text" value="5"/>	<input type="text" value="1"/>	<input type="text" value="3"/>	<input type="text" value="5"/>	<input type="text" value="7"/>	<input type="text" value="4"/>	<input type="text" value="3"/>
<input type="text" value="7"/>	<input type="text" value="4"/>	<input type="text" value="4"/>	<input type="text" value="6"/>	<input type="text" value="7"/>	<input type="text" value="9"/>	<input type="text" value="5"/>	<input type="text" value="7"/>

4. Completa as etiquetas.

5. Calcula.

$5 + 1 = \underline{\quad}$

$4 + \underline{\quad} = 7$

$\underline{\quad} + 2 = 8$

$2 + 7 = \underline{\quad}$

$6 + \underline{\quad} = 9$

$3 + 5 = \underline{\quad}$

$\underline{\quad} + 3 = 7$

$3 + \underline{\quad} = 6$

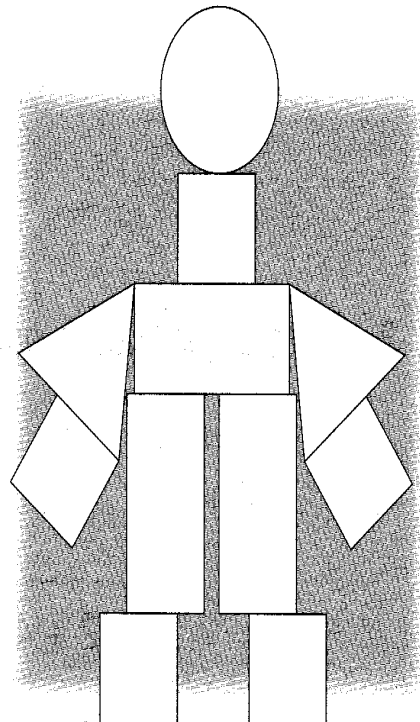
$\underline{\quad} + 2 = 2$

$3 + \underline{\quad} = 3$

$1 + 3 = \underline{\quad}$

$\underline{\quad} + \underline{\quad} = 5$

6. Observa a composição de figuras geométricas. Completa a tabela com o número de figuras que a compõem.

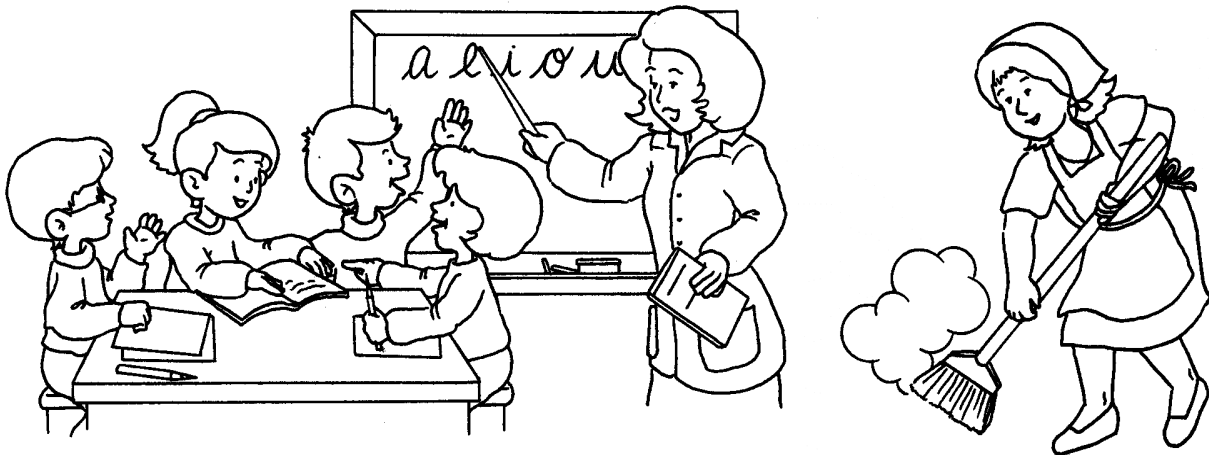
Nome: \_\_\_\_\_ Data: \_\_\_\_\_

1. Assinala com um , os amigos que tens ...  
fora da escola.



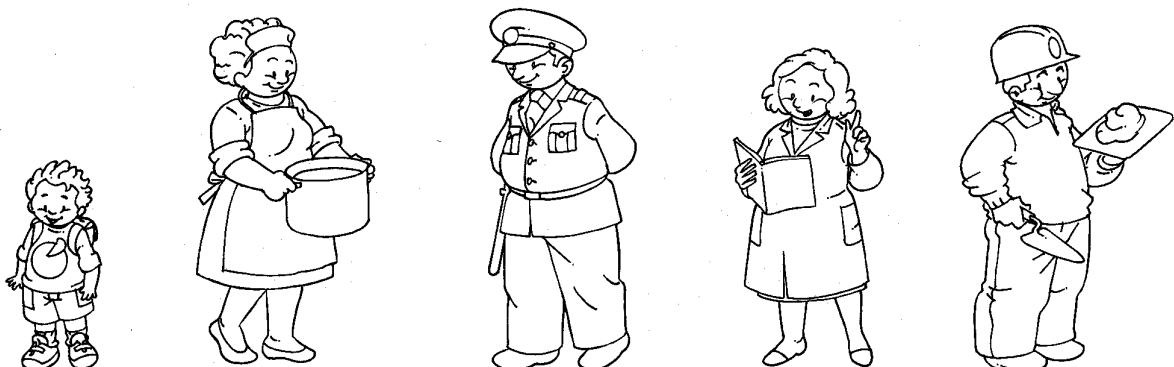
- Avós
- Pais
- Vizinhos

na escola.

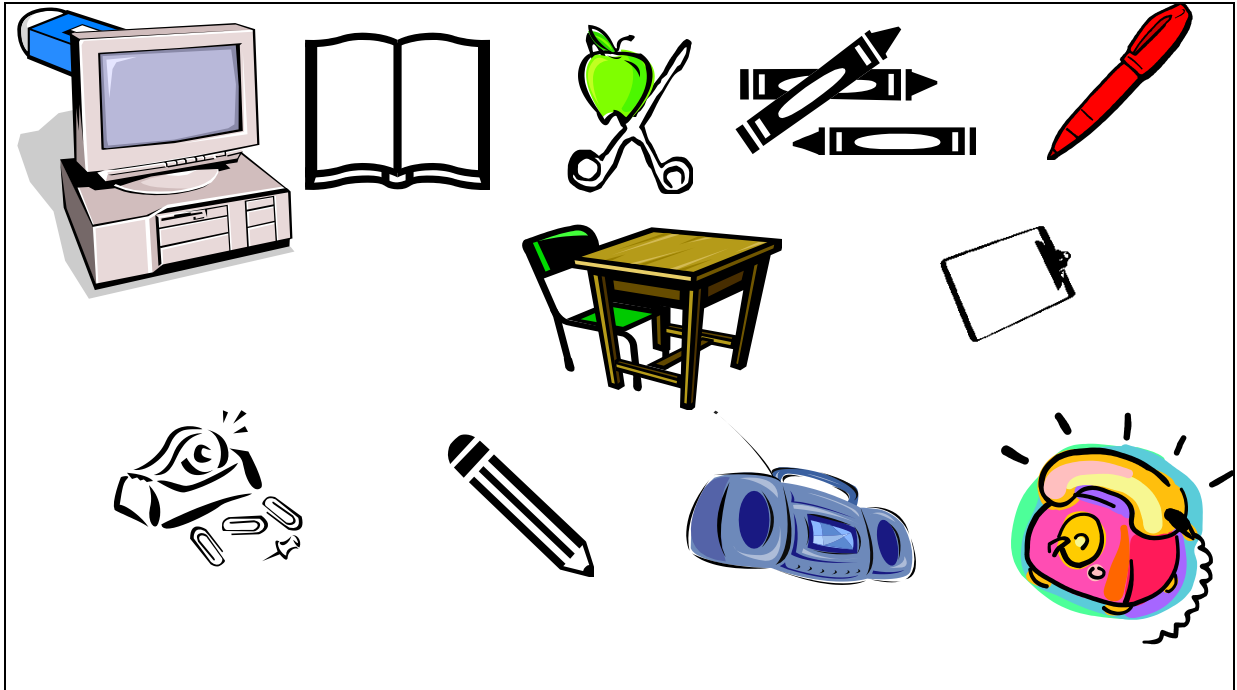


- Colegas
- Professor(a)
- Empregada

2. Pinta as pessoas que trabalham na tua escola.



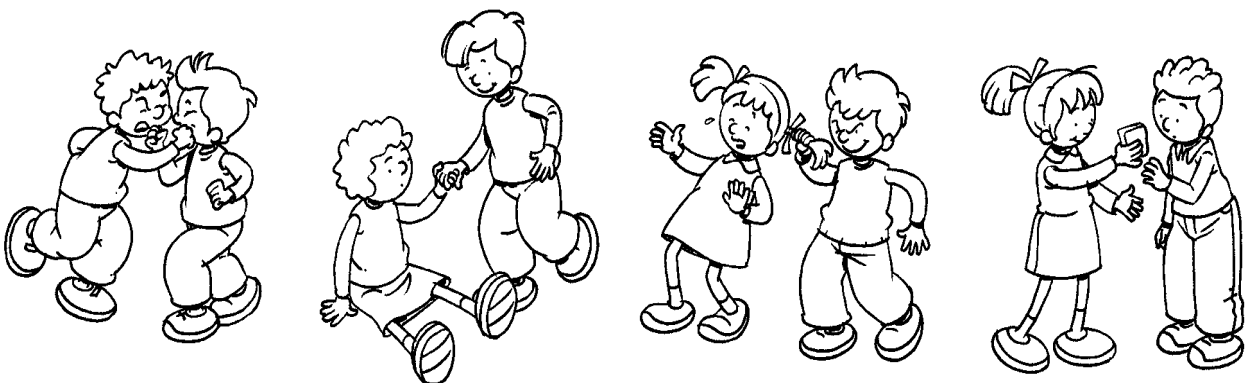
3. Pinta o material que utilizas na sala de aula.



4. Desenha a tua ESCOLA.



5. Pinta as imagens que mostram atitudes de amizade entre os amigos.



Nome: \_\_\_\_\_ Data: \_\_\_\_\_

o coelho:





Nome: \_\_\_\_\_ Data: \_\_\_\_\_

### Ficha de Língua Portuguesa

1. Lê, copia e ilustra o texto.

#### A Sónia e a mãe na vila

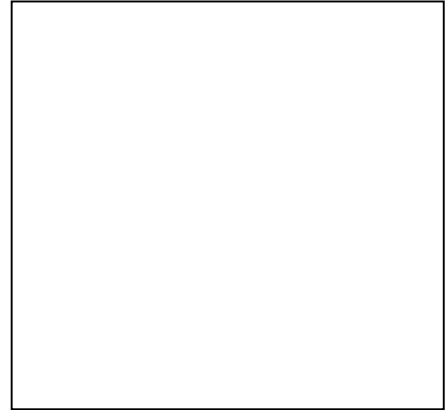
A Sónia e a mãe vão à vila a pé.

Ela leva uma saia nova.

A saia é azulada e muito bonita.

Na loja, a Sónia pede um ovo à mãe.

A mãe é amiga da Sónia.



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2. Completa as frases de acordo com o texto.

A Sónia e a mãe vão à \_\_\_\_\_ a pé.

Ela leva uma \_\_\_\_\_ nova.

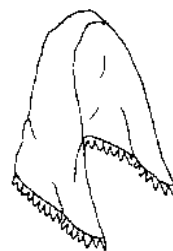
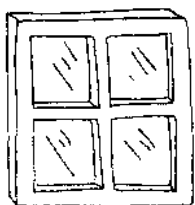
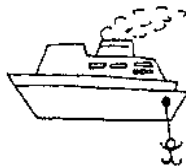
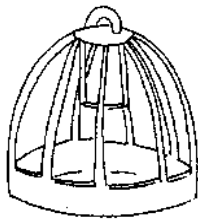
A saia é \_\_\_\_\_ e muito \_\_\_\_\_.

Na \_\_\_\_\_, a Sónia pede um \_\_\_\_\_ à mãe.

A mãe é \_\_\_\_\_ da Sónia.

3. Faz a legenda das gravuras e pinta-as.

sino	janela	navio	boneca
fato	gaiola	Zaida	xaile



4. Completa as frases e copia-as.

A Júlia bebia um  e ouviu o .

O Zeca rematou a  à  e foi golo.

A Sofia viu uma  e uma  no Zoo.

O Quico viu um  e uma .

5. Lê e liga de forma a formar frases.

A boneca da Joana ●

● de jipe.

O avô leva o Filipe ●

● é muito bonita.

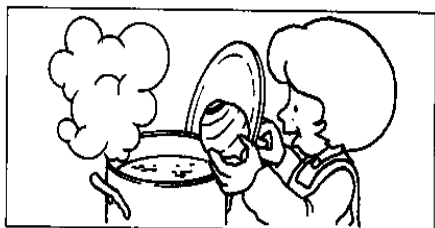
A rã pula ●

● levou uma sola nova.

O sapato da Xana ●

● na água do lago.

6. Ordena as frases e pinta.



panela. na Zuleica põe A nabo

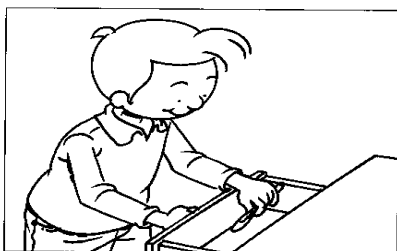
\_\_\_\_\_



Nuno lê mapa o vale. no O

\_\_\_\_\_

7. Constrói uma frase para cada imagem e pinta.



\_\_\_\_\_

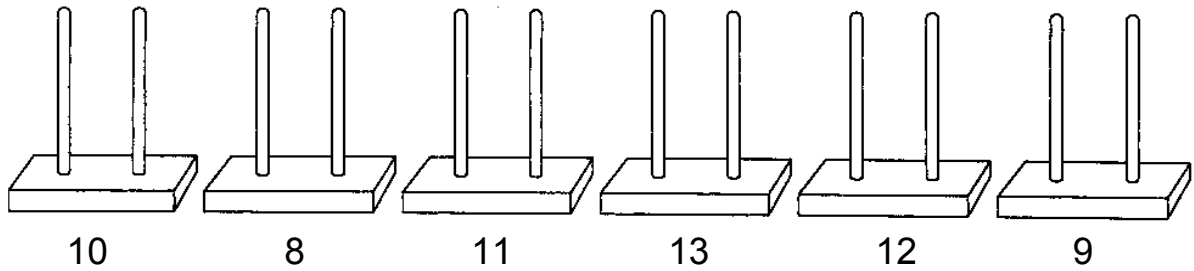


\_\_\_\_\_

Nome: \_\_\_\_\_ Data: \_\_\_\_\_

### Ficha de Matemática

1. Representa os números nos ábacos.



2. Completa os quadros.

antes		depois
	10	
	8	
	5	

	entre	
6		8
0		2
10		12

3. Compara (< = >).

13 \_\_\_ 12      9 \_\_\_ 11      10 \_\_\_ 10      8 \_\_\_ 7  
 5 \_\_\_ 3      6 \_\_\_ 13      4 \_\_\_ 2      12 \_\_\_ 12

4. Liga cada etiqueta ao número correspondente.

$$5 + 5$$

$$6 + 6$$

$$8 + 2$$

$$4 + 4$$

8

10

12



$$8 + 4$$

$$10 + 2$$

$$2 + 6$$

$$7 + 3$$

5. Decompõe os números.

7 = ___ + ___		10 = ___ + ___		13 = ___ + ___
8 = ___ + ___		11 = ___ + ___		14 = ___ + ___
9 = ___ + ___		12 = ___ + ___		15 = ___ + ___

6. Escreve os números de 2 em 2.

0  $+2$

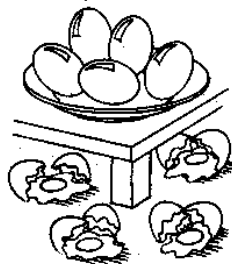
1  $+2$

7. Efectua as operações.

5 + 5 = _____	12 - 8 = _____	5 + 4 + 3 = _____
6 + 7 = _____	14 - 9 = _____	8 + 3 + 2 = _____
8 + 7 = _____	15 - 10 = _____	9 + 5 + 1 = _____

8. Observa e resolve.

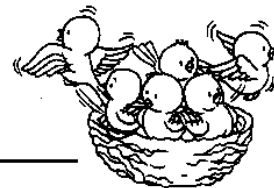
Quantos ovos tinha o prato?



Tinha \_\_\_ ovos.

Quantos pássaros vão ficar no ninho?

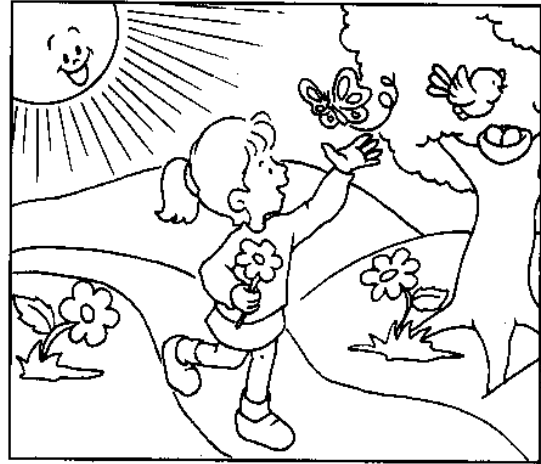
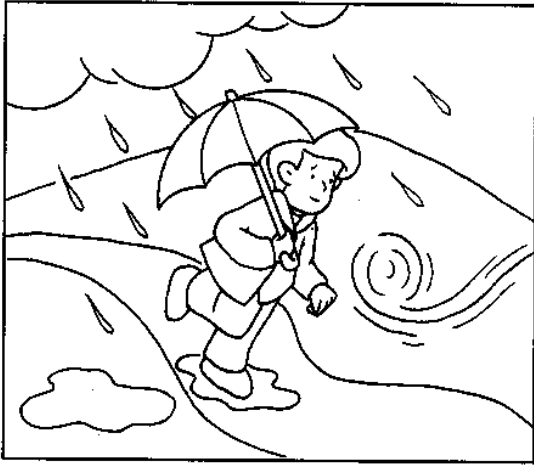
\_\_\_\_\_



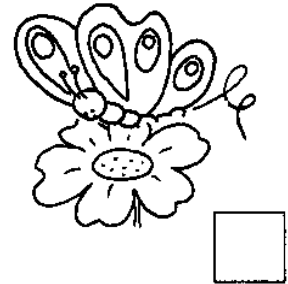
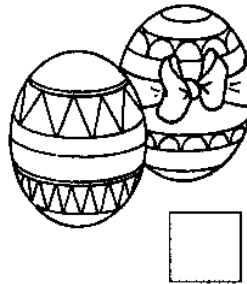
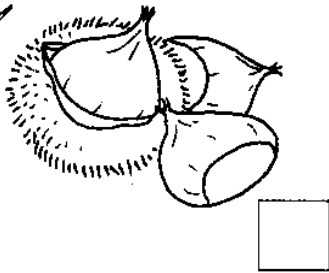
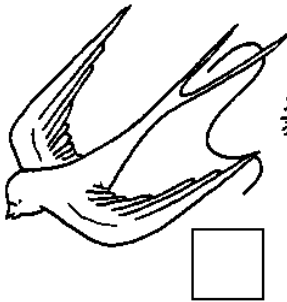
Vão ficar \_\_\_\_\_ pássaros.

Nome: \_\_\_\_\_ Data: \_\_\_\_\_

1. Pinta a gravura que se refere à Primavera.



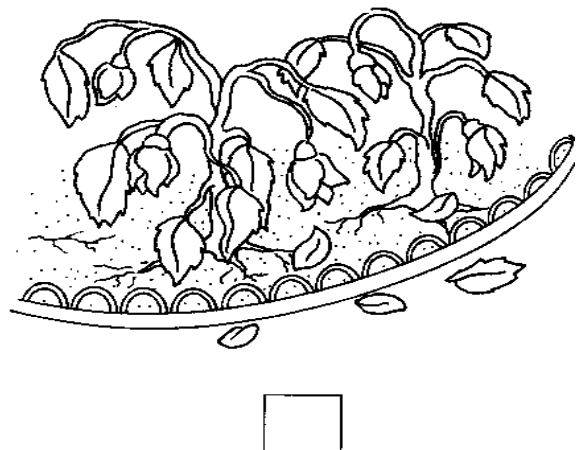
2. Assinala com uma  e pinta, o que se relaciona com a Primavera.



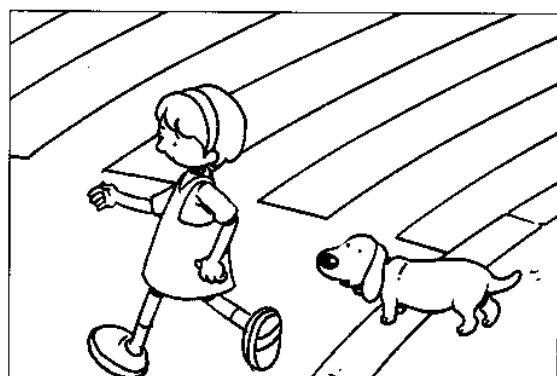
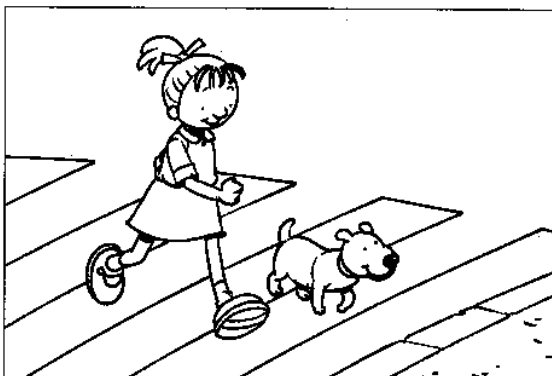
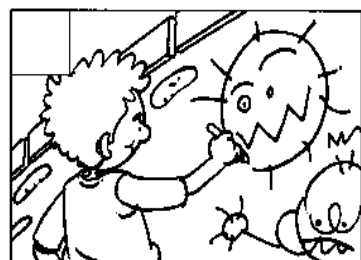
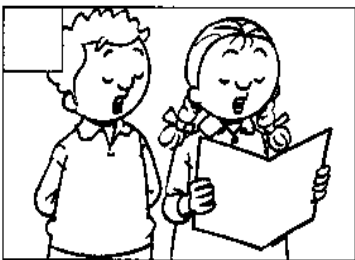
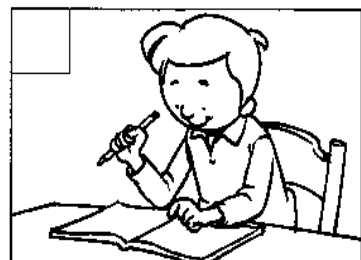
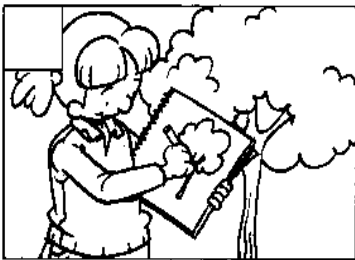
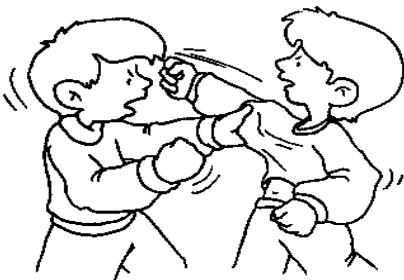
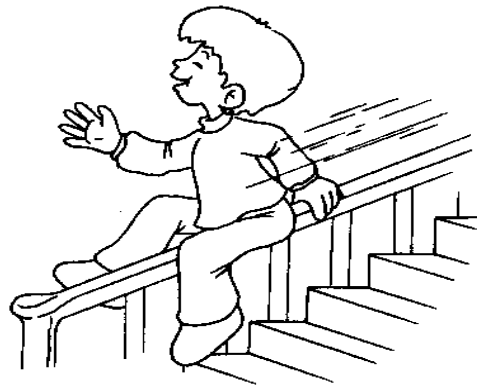
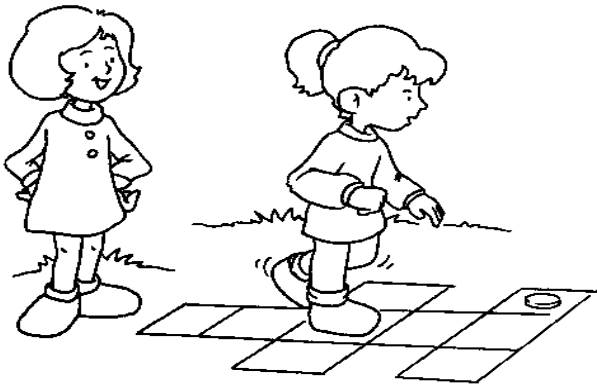
3. Numera de acordo com a legenda.

1 - Não há água.

2 - Há água.



4. Pinta os desenhos com comportamentos corretos.



Nome: \_\_\_\_\_ Data: \_\_\_\_\_

**BOAS FÉRIAS ...!!!**









Nome: \_\_\_\_\_ Data: \_\_\_\_\_

### Ficha de Língua Portuguesa

1. Lê o texto e pinta as figuras.

As aves vivem nos  que fazem nos ramos das .

Muitos  moram em tocas.

As  vivem nas .

2. Copia o texto, trocando as figuras pelas palavras certas.

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ninhos

árvores

animais

pessoas

casas

3. Completa as frases.

As aves vivem nos \_\_\_\_\_.

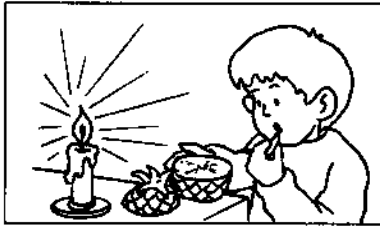
As aves fazem os ninhos nos ramos das \_\_\_\_\_.

Os animais moram em \_\_\_\_\_.

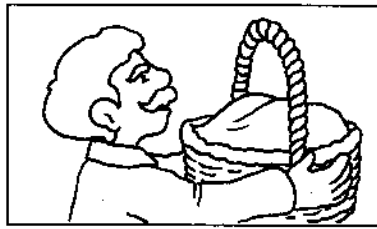
As \_\_\_\_\_ vivem nas casas.

4. Completa as palavras da legenda de cada gravura com:

ás / az      ês / ez      ís / iz  
ós / oz      us / uz



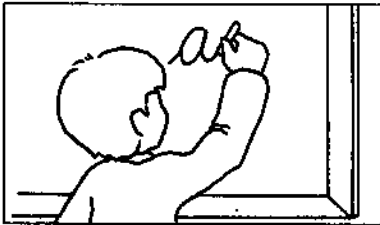
Ele come anan \_\_\_\_  
à l \_\_\_\_ da vela.



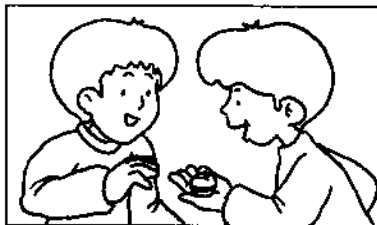
A avó leva o cab \_\_\_\_  
que eu p \_\_\_\_ na sala.



O tio bebe an \_\_\_\_ .



O Lu \_\_\_\_ escreve  
com g \_\_\_\_.



N \_\_\_\_ comemos  
uma n \_\_\_\_.



Ele f \_\_\_\_ tr \_\_\_\_  
desenhos.

5. Completa como no exemplo e pinta.



o pássaro



os pássaros



a menina



as \_\_\_\_\_



o rapaz



os \_\_\_\_\_

6. Completa as seguintes palavras com “an” ou “am”.

t ..... pa → \_\_\_\_\_

c ..... tiga → \_\_\_\_\_

t ..... que → \_\_\_\_\_

c ..... po → \_\_\_\_\_

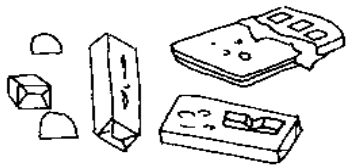
r ..... pa → \_\_\_\_\_

b ..... co → \_\_\_\_\_

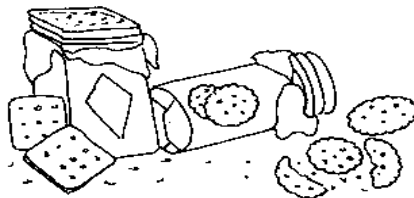
fal ..... → \_\_\_\_\_

for ..... → \_\_\_\_\_

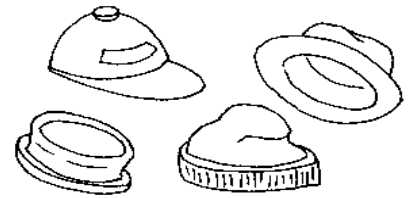
7. Completa as palavras com ch nh e lh e pinta.



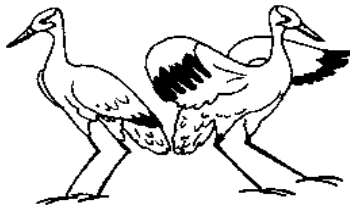
\_\_\_\_\_ocolates



bola\_\_\_\_\_as



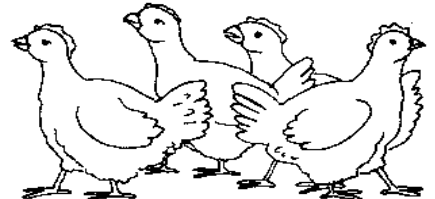
\_\_\_\_\_apêus



cego\_\_\_\_\_as



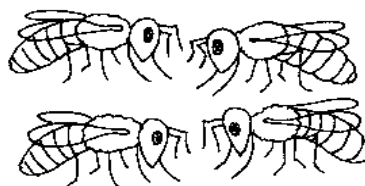
pi\_\_\_\_\_eiros



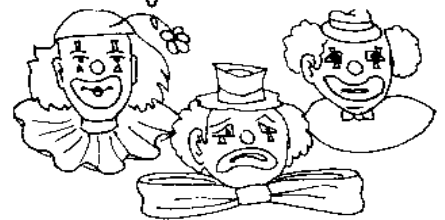
gali\_\_\_\_\_as



fo\_\_\_\_\_as



abe\_\_\_\_\_as



pa\_\_\_\_\_aços

8. Divide as palavras por sílabas.

árvore -

caracol -

açúcar -

bengala -

comboio -

pássaro -

9. Ordena as frases.

Raul O leu já jornal.

---

pombas vivem Aquelas lindo num pombal.

---

há ninho da passarinhos. No árvore

---

10. Constrói frases com as palavras:

palhaços / circo - \_\_\_\_\_

\_\_\_\_\_

coelhinhos / cenouras - \_\_\_\_\_

\_\_\_\_\_

festa / bolo de chocolate - \_\_\_\_\_

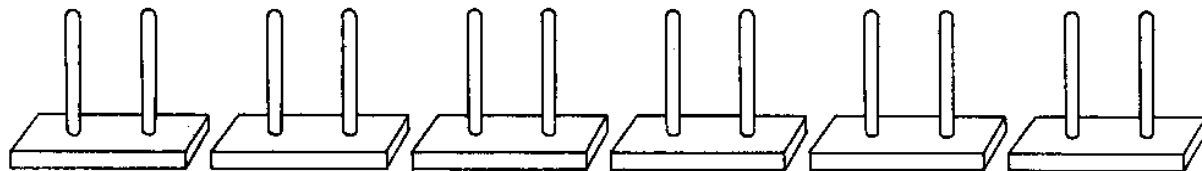
\_\_\_\_\_

11. Lê e ilustra a frase.

**Nas férias eu vou até ao Zoo ver muitos animais.**

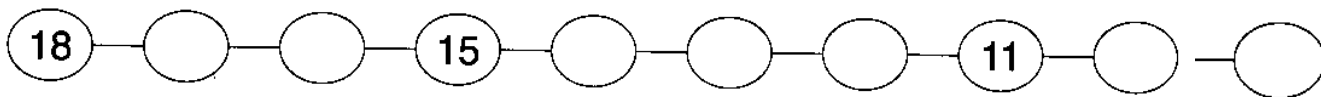
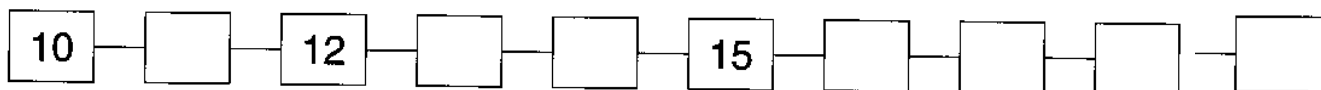
Nome: \_\_\_\_\_ Data: \_\_\_\_\_

1. Representa os números nos ábacos.

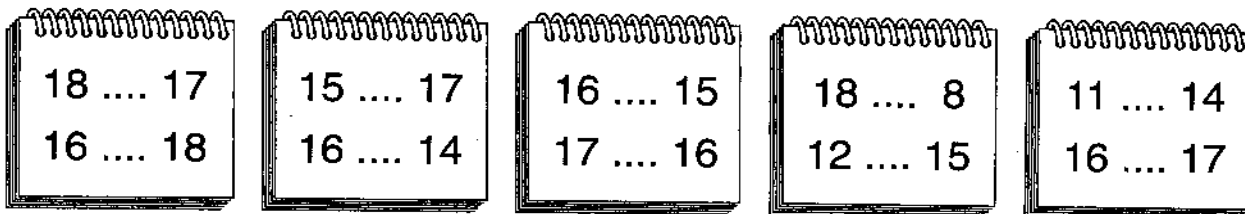


0                  6                  10                  12                  15                  18

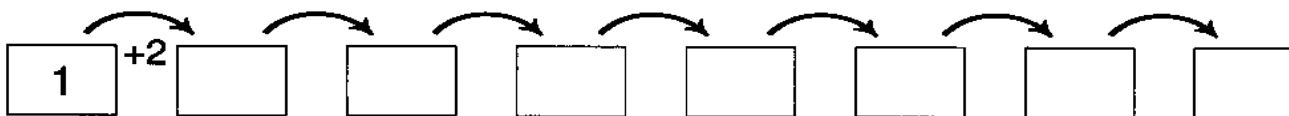
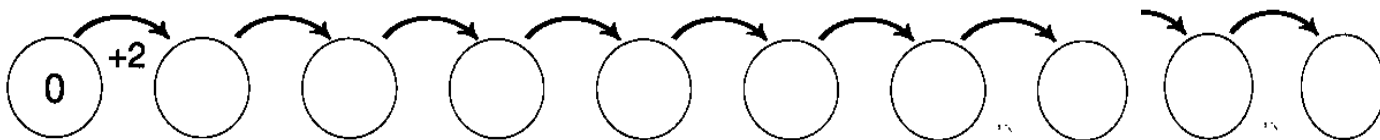
2. Completa as séries.



3. Compara (< = >).



4. Completa as sequências.



6. Resolva as operações.

$9 + 8 = \underline{\quad}$	$8 + 8 = \underline{\quad}$	$18 - 12 = \underline{\quad}$	$16 - 5 = \underline{\quad}$
$7 + 8 = \underline{\quad}$	$6 + 9 = \underline{\quad}$	$18 - 9 = \underline{\quad}$	$16 - 9 = \underline{\quad}$

7. Completa as tabelas.

$+4$	
6	
9	
14	

$+5$	
2	
8	
14	

$-4$	
8	
15	
16	

$-5$	
7	
14	
19	

8. Resolva as situações problemáticas.

A Júlia leva 12 maçãs numa saca e 5 na outra.

Quantas maçãs leva?

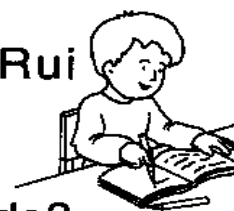


R: \_\_\_\_\_

O caderno do Rui tem 19 folhas.

Ele já gastou 9.

Quantas tem ainda?



R: \_\_\_\_\_

### Ficha de Estudo do Meio

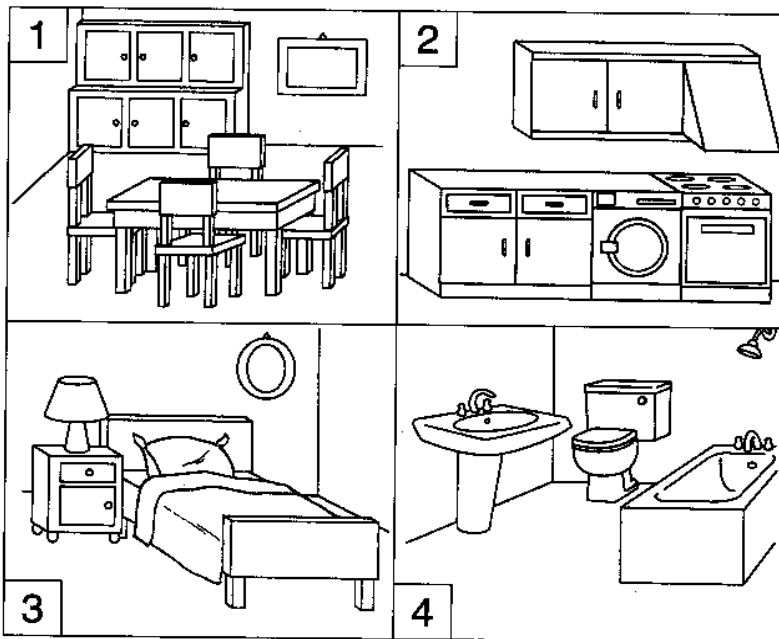
1. Numera, segundo a gravura e pinta.

quarto  
de dormir

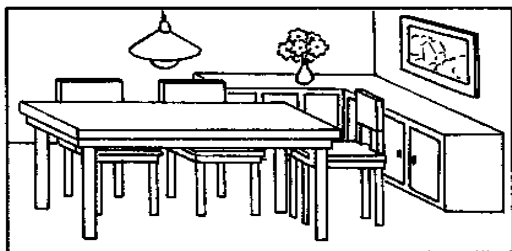
quarto  
de banho

sala  
de jantar

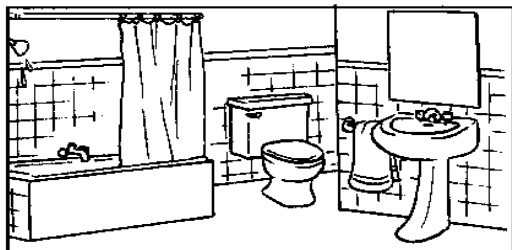
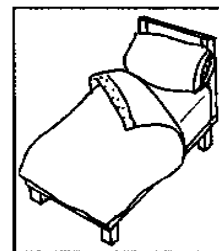
cozinha



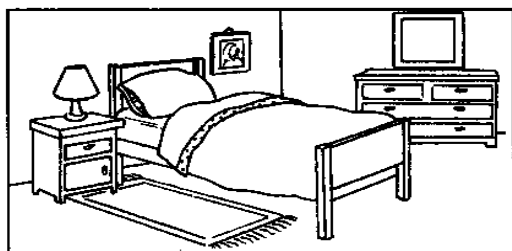
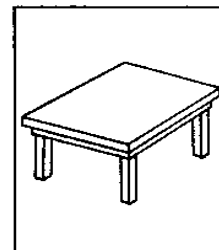
2. Liga os objectos à divisão a que pertence e pinta.



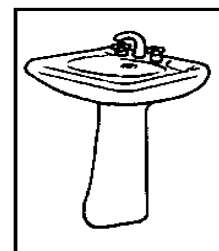
sala  
de jantar



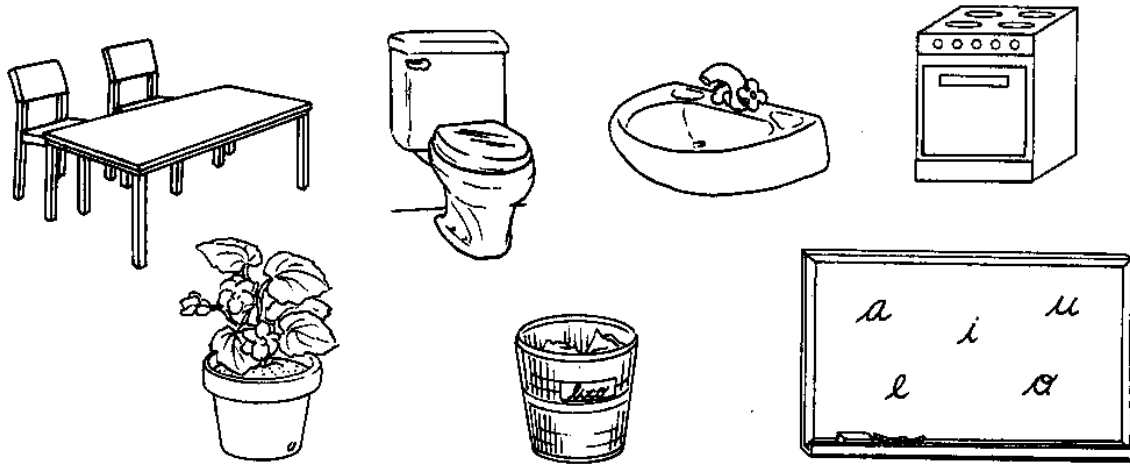
quarto  
de banho



quarto  
de dormir



3. Risca o que não pertence à sala de aula.



4. Assinala com uma  o que lembra o Verão e pinta.



2

5. Descobre e pinta o que o Quico faz para se divertir nas férias.

Descobre e pinta.

